

Allergy Testing Instructions

- 1- Due to the limited space in our allergy testing room, we ask that you come by yourself unless you have medical or translation needs that require you to have someone accompany you.
- 2- Please wear short sleeves.
- 3- No Antihistamines or Aspirin for 7 days preceding the test.
- 4- If you have any questions, please call the office.

Drugs that Interfere with Allergy Testing

The Most Common Allergy Medications to avoid

Allegra	Claritin
Allegra D	Claritin D
Benadryl	Zyrtec
Clarinex/Clarinex D	Zyrtec D
Allerx	

MAO Inhibitors. Must be off for 5 days prior to testing and then be off permanently. Cannot be given adrenaline or it will provoke hypertensive crisis.

Eutonyl (Pargyline)	Matulane (Procarbazine)
Eutron (Pargyline & Methyclothiazine)	Nardil (Phenelzine)
Floxone (Furzaolidone)	Parnate (Tranylepromine)

Antihistamine/Decongestant Preparations. Should be off. Omit for 7 days prior to testing.

Actifed	Deconamine	Nisaval	Astelin nasal	Ritalin
Advil Cold/Sinus	Dimetapp	Nolahist	spray	Robustussin CF
Allegra, Allegra D	Dimetane	Nolamine	Optivar eye	Rondec
Benadryl	Dramamine	Novahistine	drops	Ru-tuss
Chlorpheniramine	Isoclor	Optimine	Excedrin pm	Rynatan
Chor-Trimeton	Kronofed	PBZ		Tavist I, Tavist D
Clarinex	Marax	Periactin		Tylenol Cold/Sinus
Claritin, Claritin D	Myidyl	Polaramine		Zyrtec
Comhist	Naldecon	Poly-histine		
Diphenhydramine	Nalex	Tylenol PM		

Please refrain from taking all cold medications, nose drops and sprays, cough medications, cough drops and other antihistamines in any form.

H2 Antagonists – Anti-Nausea Medications. Should be off for 5 days prior to testing.

Tagamet (Cimetidine)	Atarax
Zantac (Ranitidine)	Vistaril
Zatiden (Ketotifen)	Meclazine
Phenergan	(or any like medication)

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Beta Blockers – should be off for 5 days prior to testing and then permanently for immunotherapy treatment.

Betapace (Sotalol)	Normodyne (Labetolol HCL)
Blocarden (Timolol Maleate)	Normozide (Labetolol & HCTZ)
Brevibloc (Esmolol HCL)	Sectral (Acebutolol HCL)
Cartrol (Carteolol HCL)	Tenoretic (Atenolol & Chlorthalidone)
Corgard (Nadolol)	Tenormin (Atenolol)
Corzide (Nadolol & HCTZ)	Timolide (Timolol & HCTZ)
Inderal (Propranolol)	Toprol XL (Metoprolol Succinate)
Inderid (Propranolol & HCTZ)	Trandate (Labetolol HCL)
Kerlone (Betaxolol HCL)	Visken (Pindolol)
Levator (Penbutolol Sulfate)	Zebeta (Bisoprolol)
Lopressor (Metoprolol Tartrate)	Ziac (Bisoprolol & HCTZ)

Tricyclic Antidepressants – Must be off 3-6 weeks prior to skin testing and then may continue for immunotherapy.

The patient must be weaned by the prescribing doctor and substitute with another drug if desired. Patient must do this under doctor's supervision or severe depression could result.

Adapin (Doxepin HCL)	Meravil (Amitriptyline)
Apo-Trimip (Trimipramine Maleate)	Pamelor (Nortriptyline HCL)
Asendin (Amoxapine)	Rolavil (Amitriptyline)
Aventyl (Nortriptyline HCL)	Sinequan (Doxepin HCL)
Elavil (Amitriptyline)	Surmontil (Trimipramine Maleate)
Endep (Amitriptyline)	Trofanil PM (Imipramine HCL & Pamoate)
Emitrip (Amitriptyline)	Trazodone (Desyrel)
Endlil (Amitriptyline)	Triadapin (Doxepin HCL)
Etrafon (Combination Drug)	Trialic (Combination Drug)
Impril (Imipramine HCL)	Tripramine (Imipramine HCL)
Levate (Amitriptyline)	Triptil (Protriptyline HCL)
Limbitrol (Combination Drug)	Vivactil (Pritriptyline HCL)

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Anti-Inflammatory Drugs- Must be off 5 days prior to skin testing and then may continue for immunotherapy.

ASA	Celebrex
Motrin	Aleve
Flexeril	Excedrin
Ibuprofen medications	Advil
	Vioxx

- I am currently taking _____ of the above medications.
- I am not taking any of the above medications.

Patient Signature (or Guardian)

____/____/20____